

#### **Cottage Food Operation Packet**

Thank you for your interest in applying for a Cottage Food Operation (CFO). Our goal is to assist you in safely delivering food products to the public. A Cottage Food Operation allows specific non-potentially hazardous food to be produced in the kitchen of your primary residence within Sonoma County. There are two distinct levels of CFOs you can apply for, a Class A or Class B. This packet is designed to ensure you apply for the correct operation and complete the necessary documentation. Should you have any questions regarding CFOs contact the program lead at (707) 565-6565. For a complete list of approved CFO products, visit the California Department of Public Health Cottage Food website at <a href="https://www.cdph.ca.gov">www.cdph.ca.gov</a>.

#### **Cottage Food Operation Class**

Class A Registration – If you intend to sell **DIRECTLY** to the end consumer from your home or at community events such as holiday festivals, bake sales, or certified farmer's markets. The Class A Registration will be required to be completed annually, and whenever there is a change in foods produced or location after registration. There will not be an on-site inspection of your home kitchen annually but future inspections can occur on a complaint basis.

Class B Permit – If you intend to sell your products to a third-party retailer that holds a valid health permit (local shop/restaurant) who would sell or use your products in a sale to the end consumer. This is **considered INDIRECT** sales. A Class B Permit allows you to engage in both DIRECT (see Class A sales above) and INDIRECT sales. Class B permits must also be renewed annually. There will be an annual inspection of your home kitchen and additional inspections can occur on a complaint basis.

| · · · · · · · · · · · · · · · · · · ·            |  |
|--|--|
| ☐ Application                                    | ☐ Attachment 3 – Sales Plan                                |
| ☐ Self-Certification Checklist                   | ☐ Attachment 4 – Food Preparation/Handling Steps &         |
| ☐ Attachment 1 – Facility, Floor, Equipment Plan | Ingredients  |
| ☐ Attachment 2 – Water Supply, Sewage            | ☐ Attachment 5 – Labeling & Packaging                      |
| Disposal, Solid Waste Disposal & Zoning          | ☐ Attachment 6 – Fruit Butters, Jams, Jellies, & Preserves |

Complete and return (by mail or in person) all required paperwork and the registration/permit fee to the Sonoma County Environmental Health Department located at 625 5th Street, Santa Rosa CA 95404. Payment by mail may include a check or money order only, cash is not accepted. The current registration/permit fee can be found at our website at <a href="mailto:sonomacounty.ca.gov/Health/Environmental-Health/Fee-Schedule/">sonomacounty.ca.gov/Health/Environmental-Health/Fee-Schedule/</a>

For more information visit Environmental Health's website on Cottage Food Operations.

#### Other Considerations

Required Panerwork

Operators involved with preparing or packaging of cottage food products must complete a Food Handler's course within three months of obtaining a registration or permit.

While CFOs may operate from a private residence, they may be required to meet certain zoning and planning criteria, which can include issues such as parking, noise, traffic control, density, as well as other standards. Contact your local city planning department or <a href="Permit Sonoma">Permit Sonoma</a> at (707) 565-1900 (option 5) for specific zoning requirements as related to your CFO.

The California Department of Public Health has established a list of currently approved cottage food products that meet the definition as non-potentially hazardous. Additional foods may be added and removed through a 30-day review process by CDPH. The list of currently approved cottage food products includes the following:

- 1. BAKED GOODS WITHOUT CREAM, CUSTARD, OR MEAT FILLINGS. Examples: Bagels\* Baklava\* Biscuits\* Bread\* Brownies\* Buns\* Cake\* Churros\* Coconut Macaroons\* Cookies\* Crackers\* Cupcakes\* Donuts (fried or baked)\* Empanadas (fruit only)\* Flatbreads\* Fruit, Nut, or Seed Bars\* Macarons (with approved Buttercream)\* Muffins\* Pastries\* Pies (fruit only)\* Pizelles\* Quick Breads\* Samosas (fruit only)\* Tamales (fruit only)\* Tarts\* Tortillas\* Torts\* Waffles (fried or baked)\* Waffle Cones\*
- 2. CANDY AND CONFECTIONS. Examples: Brittles\* Candied Apples\* Candied Popcorn (balls, caramel, chocolate)\* Caramels\* Cotton Candy\* Chocolate-Covered Non-Perishables including: marshmallows, nuts, candy, dried fruit, potato chips, or any combination\* Edible Dessert Sprinkles including: sanding and crystalized sugars, non-pareils, confetti, sequins, dragees, sugar-shapes, sugar-strands (jimmies), comfits, mini-chocolates, and pralines\* Freeze-Died Candies\* Fudge\* Ground Chocolate\* Hard Candy\* Marshmallow Bars\* Marshmallows that do not contain eggs\* Popcorn Balls\* Salted Caramels\* Spiced Sugars\* Toffee\*
- 3. VANILLA EXTRACT CONTAINING AT LEAST 70 PROOF VODKA OR BOURBON
- 4. <u>DRIED, DEHYDRATED AND FREEZE-DRIED FOODS.</u> Examples: Baking Mixes\* Bean Soup Mixes\* Cereals\*

  Coffee (roasted or freeze-dried)\* Fruit\* Fruit Powders\* Fruit Roll-Ups\* Grain Mixes\* Granola\* Ground Chocolate\* Herbs and Herb Blends\* Hot Chocolate Mix\* Mole Paste\* Pasta\* Popcorn\* Potato Chips\* Seasoning Salt\* Spice Mix or Rubs\* Tea\* Trail Mixes\* Vegetables\* Vegetable Chips\* Vegetable Soup Mixes\*
- 5. FROSTINGS, ICINGS, FONDANTS, AND GUM PASTES THAT DO NOT CONTAIN EGGS†, CREAM, OR CHEESE. Examples: Buttercream traditional, vegan, and chocolate\* Fondant regular and chocolate\* Flat Icing\* Gum Paste with pasteurized eggs\* Edible Images\* Sugar Glazes\* Vegan Gum Paste\* †Frostings and Icings made with meringue powder, powder eggs, or pasteurized eggs are allowed
- 6. HONEY AND SORGHUM SYRUPS
- 7. FRUIT BUTTERS, JAMS, JELLIES, AND PRESERVES THAT COMPLY WITH Part 150 of Title 21 of the Code of Federal Regulations (Please see explanation at bottom of the document.)
- 8. NUTS, NUT MIXES, AND NUT BUTTERS
- 9. PROTEIN POWDER SHAKE MIXES MADE FROM MANUFACTURED INGREDIENTS
- 10. <u>VINEGARS AND MUSTARDS.</u> Examples: <u>Mustards</u> without eggs\* <u>Vinegars</u>\* <u>Fruit-Infused Vinegars</u> using only high-acid fruit such as: apple, blackberry, blueberry, crabapple, cranberry, grape, gooseberry, grapefruit, huckleberry, kumquat, lemon, lime, loganberry, nectarine, orange, peach, plum, pineapple, pomegranate, quince, raspberry, strawberry, tomatillo, youngberry\*

<u>Fruit Butters, Jams, Jellies, and Preserves</u>: Cottage Food Operations that wish to produce fruit butters, jams, jellies, and preserves must meet the legally established standards set forth in <u>21 CFR Part 150</u>. The purpose of the regulation is to maintain the integrity of the food and ensure consumers know what product they are receiving. The regulation establishes labeling requirements and limits the ingredients that may be used when producing these foods. Cottage Food Operations cannot use any ingredient not listed in 21 CFR Part 150, including low-acid ingredients such as peppers to create pepper jelly. Use of a low-acid ingredient may cause the formation of the botulism toxin in the product if proper controls are not used.



## COTTAGE FOOD OPERATION APPLICATION REGISTRATION (CLASS A) OR PERMIT (CLASS B)

| Business Name  | Name Phone   |  |   |  |                          |
|--|--|--|---|--|--------------------------|
| Owner Name (s)   |  |  |   |  |                          |
| Address of Dome  | estic Home Kitchen   |  | City  | Zip  |                          |
| Mailing Address  |  | City   |   | StateZip   |                          |
| Email  |  | Websit   | e   |  |                          |
| Wate   | er Supply:   Public [  | ☐ Private Well*  | Sewage Disposal:  | □ Public □ Private Septic**  |                          |
| Proposed Start D   | Date   | Have you ever ha   | ad a CFO Registration/Perm  | it with Sonoma County? ☐ YES ☐ NO  |                          |
| Vet Exempt □   | YES □ NO   |  |   |  |                          |
|  |  | TVDE OE SALES  | (chack ana)   |  |                          |
|  | DIRECT SALES, FOOD IS<br>IRECTLY WITH THE END  | TYPE OF SALES<br>SOLD DIRECTLY FROM HOM<br>CONSUMER  | •   | HE SALES TRANSACTION IS  |                          |
| ☐ CLASS B - IN<br>DIRECT SALES)  |  | S SOLD TO A THIRD-PARTY F  | RETAILER FOR RESALE T   | O A CONSUMER (ALSO INCLUDES  |                          |
|  |  | e from the primary residence m<br>s lead at (707) 565-6565 or visit  |   | mit for each physical location or  |                          |
|  |  | or to issuance of permit. See Ai<br>n required prior to issuance of p  |   |  |                          |
| found to be in valid for twelv submit a new registration m and is valid or I (we) agree t state law; a s | substantial compliand<br>we months and shall ex<br>application, associated<br>ay be suspended or really<br>for the location and<br>to operate in complian<br>tate officer or departm | the with applicable state late very price at the end of this ting the documents, and paying evoked for good cause. If type of cottage food processes with all applicable statement, or the Public Health | ation of the above-name<br>w and county code. Fe<br>the period. If you wish<br>ment of fees determin<br>The registration is not to<br>luct(s) indicated.<br>tutes, orders, quarantin<br>Officer for Sonoma Co | red Cottage Food Operation when in<br>es are not prorated. The registration<br>to obtain a new registration, you miled<br>by the Board of Supervisors. The<br>ransferable upon change of owners<br>thes, rules or regulations prescribed<br>bunty. Pursuant to the California Publand must be released upon request. | n is<br>ust<br>he<br>hip |
| Applicant Signature  | e  |  |   | Date   |                          |
|  |  |  |   |  |                          |
| For office use o   | nly:   |  |   |  |                          |
| PE   | SR #   | District   | Issue Permit  | Approved by  |                          |
| FA#  | PR #   | DD214 Received   | Entered by  |  |                          |
| ☐ Cash ☐ Che   | eck/Credit Card Trans #  | Date Rec'd   | By  | Amount Rec'd \$  |                          |

Page 1 of 12 January 2022

### **COTTAGE FOOD OPERATION (CFO) CHECKLIST**

| Name of CFO:  | Date:  |                  |          |        |
|---|--|------------------|----------|--------|
| Name of Owner:  | Phone:   |                  |          |        |
| CFO Physical Address:   | <u>'</u>   |                  |          |        |
| CFO Mailing Address:  |  |                  |          |        |
| Email Address:  |  |                  |          |        |
| COTTAGE FOOD PRODUCTS (Ch   | eck items you will prepare & offer)  |                  |          |        |
| Baked Goods without cream, custard, or meat fillings. (Bagels, Bread, Brownies, Cake, Cookies, Cupcakes, Fruit pies, Pastries, Muffins, etc.) | Frostings and Icings that do not contain eggs. (Buttercream, Flat icing, and Sugar glazes.)          | cream, or cream  | cheese   |        |
| Candy and Confections. (Brittle, Candied apples, Cotton candy, Chocolate covered nuts, candy, dried fruit, Caramels, Fudge, Toffee etc.)      | Fruit butters, Jams, Jellies, and Preserves that described in Part 150 of Title 21 of the Code of Fe |                  |          |        |
| ☐ Dried and Dehydrated foods. (Baking mixes, Fruit, Granola, Pasta, Roasted coffee, Trail mixes, Vegetables, Vegetable soup mixes etc.)       | ☐ Nuts, Nut mixes, and Nut butters   |                  |          |        |
| ☐ Honey and Sorghum Syrups  | ☐ Vinegars and Mustards  |                  |          |        |
| The following requirements are outlined in the Cottage Food Operations (preparation of approved cottage foods in the home.                    | CFO) regulations and are minimum standards   | of health and sa | afety fo | or the |
| FACILITY REQUIREMENTS, FLOOR PLAN, AND I  | QUIPMENT LIST – ATTACHMENT 1   | ,                | YES      | NO     |
| The CFO is located in a private residence where the CFO operator current  | tly resides.   |                  |          |        |
| CFO food preparation will take place in the private kitchen located within the home.  |  |                  |          |        |
| Sketch of floor plan and list of utensils for food and kitchen areas (Attachi   | nent 1) included.  |                  |          |        |
| Restroom to be used with CFO is available and included in sketch (Attack  | ment 1).   |                  |          |        |
| Handwashing and warewashing facilities to be used with CFO are available  | le and included in sketch (Attachment 1).  |                  |          |        |
| EMPLOYEE AND TRAINING F   | REQUIREMENTS   | ,                | YES      | NO     |
| All people involved in the CFO have completed a State approved training   | course.  |                  |          |        |
| If YES, copies of certificates are attached.  If NO, complete course will be completed and passed within three (3) mo                         | nths of CFO registration.  |                  |          |        |
| CFO has more than one (1) full-time equivalent (40 hours per week) Cott Immediate family/household members are not included.                  | age Food Employee (paid or volunteer).   |                  |          |        |
| WATER SUPPLY, SEWAGE DISPOSAL, SOLID WASTE  | DISPOSAL & ZONING - ATTACHMENT   | Γ2 '             | YES      | NO     |
| The CFO is on a private well.  If YES, you must complete testing for Total and Fecal Coliform bacteria.                                       | Results attached.  |                  |          |        |
| The CFO is on a public water system or community services district.  If YES, provide name of the public water system or district:             |  |                  |          |        |
| The residence is on a private (on-site) septic system.  If YES, you must complete the septic system self-certification portion of A           | ttachment 2. Self-certification attached.  |                  |          |        |
| Information regarding trash disposal (Attachment 2) provided.   |  |                  |          |        |
| Documentation regarding local zoning approval (Attachment 2) provided.  |  |                  |          |        |

Page 2 of 12 January 2022

| FOOD PREPARATION REQUIREMENTS  | YES | NO |  |
|--|-----|----|--|
| Handwashing to be conducted immediately prior to handling foods and after engaging in any activity that contaminates hands, such as after using the toilet, coughing, sneezing, eating or smoking. |     |    |  |
| Warm water, pump soap and single use paper towels are available for handwashing.   |     |    |  |
| All food ingredients used in the CFO products are from an approved source, and are safe and wholesome.   |     |    |  |
| Kitchen equipment and utensils used to produce CFO products shall be clean and sanitized prior to use.   |     |    |  |
| SALES PLAN – ATTACHMENT 3  | YES | NO |  |
| Location(s) of direct/indirect sale(s) of cottage food products (Attachment 3) provided.   |     |    |  |
| FOOD PREPARATION/HANDLING STEPS AND INGREDIENTS – ATTACHMENT 4   | YES | NO |  |
| Food preparation/handling steps and list of ingredients for each CFO product provided.   |     |    |  |
| LABELING AND PACKAGING – ATTACHMENT 5  | YES | NO |  |
| All CFO products are labeled in compliance with the Federal Food, Drug and Cosmetic Act.   |     |    |  |
| The label also includes:  The words "Made in a Home Kitchen" in 12-point type  |     |    |  |
| Common name of product or a descriptive name   |     |    |  |
| Name, city and zip code of the CFO   |     |    |  |
| Registration or permit number  |     |    |  |
| Ingredient list in descending order of weight  |     |    |  |
| Net quantity in English units (pounds) and metric units (grams)  |     |    |  |
| Declaration of food allergens, such as milk, eggs, fish, etc.  |     |    |  |
| Label is legible and in English  |     |    |  |
| If nutrient content claim or health claim made, a nutrition fact panel provided.   |     |    |  |
| Sample label <u>for each</u> cottage food product provided.  |     |    |  |
| Description of packaging and process of packaging used for each CFO product provided.  |     |    |  |
| FRUIT BUTTERS, JAMS, JELLIES, AND PRESERVES – ATTACHMENT 6   | YES | NO |  |
| CFO will prepare fruit butters, jams, jellies, or preserves. Attachment 6 completed and signed.  |     |    |  |
| PERMISSIBLE SALES REQUIREMENTS   | YES | NO |  |
| CFO products to be sold via direct sales.  |     |    |  |
| CFO products to be sold via indirect sales (option not available for Class A registration).  |     |    |  |
| Gross sales of CFO products will be less than:   |     |    |  |
| \$75,000 for a Class A operation   |     |    |  |
| \$150,000 for a Class B operation.   |     |    |  |

Page 3 of 12 January 2022

#### **Operational Requirements**

- 1. No cottage food preparation, packaging, or handling may occur within the home kitchen concurrent with any other domestic activities, such as family meal preparation, dishwashing, clothes washing or ironing, kitchen cleaning, or guest entertainment.
- 2. No infants, small children, or pets may be in the home kitchen during preparation, packaging or handling of any cottage food products.
- 3. Kitchen equipment and utensils used to produce cottage food products shall be clean and maintained in a good state of repair.
- 4. All food contact surfaces, equipment, and utensils used for the preparation, packaging, or handling of any cottage food products shall be washed, rinsed and sanitized before each use.
- 5. All food preparation, and food and equipment storage areas shall be maintained free of rodents and insects.
- 6. Smoking shall be prohibited in the portion of a private home used for the preparation, packaging, storage, or handling of cottage food products and related ingredients or equipment, or both, while cottage food is being prepared, packaged, stored, or handled.

I (we) agree to grant to the County of Sonoma, DHS, EHS the right to enter, during normal business hours or at other reasonable times, the permitted CFO area of the private residence for the purpose of inspection, including the collection of food samples.

| Print Name/Title | Signature | Date |
|------------------|-----------|------|
|                  |           |      |
|                  |           |      |
| Print Name/Title | Signature | Date |

Page 4 of 12 January 2022

# COTTAGE FOOD OPERATION (CFO) FACILITY, FLOOR AND EQUIPMENT PLAN ATTACHMENT 1

#### The CFO application must include a floor plan showing all of the following:

- Preparation equipment
- Food contact work surfaces
- Warewashing equipment
- Restroom facility

- Handwashing
- Storage areas
- Refrigeration equipment

| SKETCH OF FLOOR PLAN           |  |  |
|--------------------------------|--|--|
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| LIST OF UTENSILS AND EQUIPMENT |  |  |
| LIST OF UTENSILS AND EQUIPMENT |  |  |
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Page 5 of 12 January 2022

# COTTAGE FOOD OPERATION (CFO) WATER SUPPLY, SEWAGE DISPOSAL, SOLID WASTE DISPOSAL & ZONING ATTACHMENT 2

| WATER SUPPLY  |
|---|
| If your potable water source is from a private well, you will need to have the water tested by a state certified lab. The water sample must be absent of Total and Fecal Coliform bacteria.   |
|   |
|   |
| SEWAGE DISPOSAL – PUBLIC SEWER SYSTEM   |
| If your residence is connected to a public sewer system, provide the name of the public sewer agency:   |
| SEWAGE DISPOSAL – SEPTIC SYSTEM   |
| CFO: Owner of residence to provide septic system self-certification here:   |
|   |
| I,, property owner of (residence address of CFO)  |
| (residence address of CFO)  |
| certify the following Septic Requirements:  |
| Provide a record showing the septic system type. Note the following restrictions:     Cesspools are prohibited.   |
| <ul> <li>Nonstandard system types, applicant must provide two monitoring and maintenance records (1 year), showing the system is operational. Nonstandard systems need to adhere to the terms and conditions of the operational permit for gallons per day of effluent allowed. The flow information should be included on the monitoring forms.</li> <li>Septic systems with variances, should be in compliance with the terms of the variance including but not limited to the flows allowed under the permit.</li> </ul> |
| 2. The septic system is functioning and not in obvious failure, e.g., surfacing effluent, effluent backing up into the home or slow draining sinks, showers and bathtubs.   |
| 3. Provide a plot plan showing the location of the, home, septic system (septic tank and dispersal field) and water well.   |
| Signature Date  |
| Records may be available at Permit Sonoma, which can provide information regarding your septic system type and location. For more information, please refer to Permit Sonoma's <a href="#">CFO Clearances</a> .   |
| SOLID WASTE DISPOSAL  |
| Provide the name of the solid waste company that picks up your trash.   |
|   |
|   |
| ZONING  |
| Provide any documentation you have received from your local city or County of Sonoma planning department regarding your CFO.  |
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Page 6 of 12 January 2022

# COTTAGE FOOD OPERATION (CFO) SALES PLAN ATTACHMENT 3

|   | SALES PLAN   |  |                    |
|---|--|--|--------------------|
| List the nam  | e of the business and address where the  | e cottage food product(s) will be sold.  |                    |
| List the name of the bus  | DIRECT SALE iness and address where 'Direct'   | E:<br>Sale' of cottage food products will take place.  |                    |
| 'Direct Sale' means a transaction between directly from the cottage food operator. Di | n a cottage food operator and a consum<br>rect sales include, but are not limited to<br>ales, farm stands, Certified Farmers' Ma | ner, where the consumer purchases the cottage food properties, sale from the location of the cottage food operation, arkets and other locations provided the transaction occ |                    |
|   |  | or at a community event are required to obtain a temportified Farmer's Market or Community Event, please sp  |                    |
| □Certified Farmer's Market  | □Community Event   | □ Both   |                    |
| List the name of the business   | INDIRECT SAL   | E:<br>ct Sale' of cottage food products will take plac   | 20                 |
| 'Indirect Sale' means a transaction betwe cottage food product(s) from a third-party  | en the cottage food operator, a third-par<br>retailer that holds a valid permit issued   | rty retailer, and a consumer. The consumer purchases by the Environmental Health & Safety. Indirect sales in ay be immediately consumed on the premises. Indirect            | the<br>nclude, but |
|   |  |  |                    |
|   |  |  |                    |
|   |  |  |                    |
|   |  | or at a community event are required to obtain a temportified Farmer's Market or Community Event, please sp  |                    |
| □Certified Farmer's Market  | ☐ Community Event  | ☐ Both   |                    |

Page 7 of 12 January 2022

## COTTAGE FOOD OPERATION (CFO) FOOD PREPARATION/HANDLING STEPS AND INGREDIENTS ATTACHMENT 4

#### FOOD PREPARATION/HANDLING STEPS AND INGREDIENTS

Submit food preparation/handling steps with a list of all ingredients used to manufacture the cottage food product(s). Submit separate information for each individual cottage food product indicated on your application.

NOTE: All ingredients shall be from an approved source.

#### Example: Chocolate Chip Cookies

Ingredients:

Butter Baking Soda
White Sugar Hot Water
Brown Sugar Salt

Eggs Semisweet Chocolate Chips

Vanilla Extract Chopped Walnuts

#### Preparation/Handling Steps:

1. Cream together the butter, white sugar, and brown sugar until smooth.

- 2. Beat in the eggs one at a time, then stir in the vanilla.
- 3. Dissolve the baking soda in hot water. Add to batter along with salt.
- 4. Stir in chocolate chips and walnuts. Drop in large spoonful's onto ungreased baking pans.
- 5. Bake for 10 minutes in the preheated oven at 350 degrees or until edges are browned.

#### Example: Pear Jam

Ingredients: Pear fruit (fresh), white sugar, pectin, citric acid

#### **Preparation/Handling Steps:**

- 1. Remove skins, stems, seeds, and cores of the pears.
- 2. Finely chop the edible portions of the pear from step 1.
- 3. Weigh the chopped edible portion of the pear.
- 4. Calculate the weight of sugar to be added to the chopped pear (45 parts pear to 55 parts sugar):

$$1500 \ grams \ \frac{55 \ grams}{45 \ grams} \ \frac{Sugar}{45 \ grams} = 1834 \ grams \ Sugar$$

- 5. Add pear and sugar to a stock pot, apply heat. Adjust pH with citric acid as needed, add pectin.
- 6. Using a refractometer, verify that the soluble solids content of the jam is not less than 65%.
- 7. Portion jam into sanitized jars with sanitized lids. Allow jars to cool and jam to set.

#### Example: Apple Jelly

Ingredients: Apple juice (fresh), white sugar, pectin, citric acid

#### Preparation/Handling Steps:

- 1. Press apples and collect juice.
- 2. Strain juice to make clear.
- 3. Measure the percent soluble-solids content (% ssc) of the juice using a refractometer.
- 4. Calculate the weight of sugar to be added to the juice:

$$\left(\frac{13\% \, sse \, x \, (1360 \, grams \, Juice)}{100\% \, sse}\right) \, X \, \left(7.5 \, \frac{Reference}{Factor}\right) \, X \, \left(\frac{55 \, parts \, Sugar}{45 \, parts \, Fruit}\right) = 1621 \, grams \, Sugar$$

- 5. Mix clear juice and sugar in stock pot, apply heat. Adjust pH with citric acid as needed, add pectin.
- 6. Using a refractometer, verify that the soluble solids content of the jelly is not less than 65%.
- Portion jelly into sanitized jars with sanitized lids. Allow jars to cool and jelly to set.

Page 8 of 12 January 2022

## COTTAGE FOOD OPERATION (CF0) LABELING AND PACKAGING ATTACHMENT 5

#### **LABELING**

Cottage food products are required to be labeled in accordance with specific state and federal labeling regulations. The following list of labeling requirements is intended to assist CFOs in complying with basic labeling laws and regulations. Complete federal labeling requirements may be found in the Federal Food, Drug, and Cosmetic Act available at 21 U.S.C. Sec. 343 et seg. and 21 CFR Part 101.

Packaged, processed food labels usually have two distinct areas: the principal display panel (also known as the primary display panel) and the information panel. The principal display panel information is part of the label the consumer will see first and is usually located on the front of the package. This panel lists the product name and net quantity of contents.

The information panel is usually located to the immediate right of the principle display panel, and contains the nutrition facts statement. Computer generated labels affixed to cottage food products may list all required information on the principle display panel, provided that the information is displayed in a size and manner that will allow the information to be read by the average consumer.

In addition, whenever a cottage food product is served without packaging or labeling in a permitted retail food facility or is used as an ingredient in the preparation of a food in a retail food facility, the retail customer must be notified that the food product or the ingredient in the food was processed in a CFO home kitchen.

Copies of labels for each cottage food product you are proposing to manufacture must be included with your application.

#### Labels shall include:

- 1. <u>Home kitchen identification</u>. The words "Made in a Home Kitchen" or "Repackaged in a Home Kitchen" as applicable, in 12-point type must appear on the principal display panel. \*Note: if labeled as "Repackaged in a Home Kitchen" then a description of any purchased ready-to-eat products not used as an ingredient must also be included on the label.
- Common or descriptive name. The common or descriptive name of the CFO food product must be located on the principal display panel.
- 3. <u>CFO identification</u>. The name, city, and zip code of the CFO operation which produced the cottage food product must be included on the label. If the CFO is not listed in a current telephone directory, then a street address must also be included on the label. (A contact phone number or email address is optional but may be helpful for contact in case a consumer wishes to contact the CFO).
- 4. Registration or permit number. The label must include the registration or permit number of the Class A or Class B CFO, which produced the cottage food product, and the name of the county that issued the registration or permit number.
- 5. <u>Ingredients</u>. The label must include the ingredients of the cottage food product in descending order of predominance by weight, if the product contains two or more ingredients.
- 6. Net quantity. The net quantity (count, weight, or volume) of the food product in both English (pound) units and metric units (grams).
- 7. <u>Allergens</u>. Declaration on the label in plain language if the food contains any of the major food allergens, such as milk, eggs, fish, shellfish, tree nuts, wheat, peanuts, and soybeans. There are two approved methods prescribed by federal law for declaring the food sources of allergens in packaged foods:
  - a) in a separate statement immediately following or adjacent to the ingredient list, or
  - b) within the ingredient list
- 8. English language. The label must be legible and in English (accurately translated information in another language is optional).

Page 9 of 12 January 202

#### MADE IN A HOME KITCHEN

Registration #: xxxxxxx
Issued in county: Sonoma County

Chocolate Chip Cookies with Walnuts

Sally Baker

123 Cottage Food Lane

Santa Rosa, CA 90XXX

**Ingredients:** Enriched flour (Wheat flour, niacin, reduced iron, thiamine, mononitrate, riboflavin and folic acid), butter (milk, salt), chocolate chips (sugar, chocolate liquor, cocoa butter, butterfat [milk]), walnuts, sugar, eggs, salt, artificial vanilla extract, baking soda.

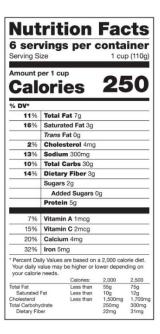
Contains: Wheat, eggs, milk, soy, walnuts

Net Wt. 3 oz. (85.049g)

- 9. <u>Nutrient content claim</u>. The use of the following eleven terms are considered nutrient content claims (nutritional value of a food): free, low, reduced, fewer, high, less, more, lean, extra lean, good source, and light. The Federal Food and Drug Administration has set conditions for the use of these terms. For example, the term 'sodium free' means that the food contains less than 5 milligrams of sodium per serving of the food.
- 10. <u>Health claim.</u> A health claim is a statement or message on the label that describes the relationship between a food component and a disease or health-related condition (e.g., sodium and hypertension, calcium and osteoporosis). Health claims, if used, must conform to the requirements established in 21 CFR 101.14 and 101.70 et. seq.
- 11. Nutrition fact panel. Nutrition fact panels will generally <u>not</u> be required for CFOs. If the food label makes any nutrient content or health claims then a nutrition facts panel is required to be incorporated into the label. Nutrition information must be declared in a 'Nutrition Facts' statement as indicated in the example below. The categories that are required to be on the nutrition facts panel include: calories, total fat, saturated fat, trans fat, cholesterol, sodium, total carbohydrate, dietary fiber, sugar, protein, vitamin A, vitamin C, calcium and iron. The amount of trans fat must be declared on the nutrition facts panel unless the total fat in the food is less than 0.5 gram (or ½ gram) per serving and no claims are made about fat, fatty acid, or cholesterol content. If it is not listed, a footnote must be added stating the food is 'Not a significant source of trans fat.'

Examples of 'Nutrition Facts' panel:

| Amount Per Serv   |                        |              |              |
|---|------------------------|--------------|--------------|
| Calories 250  | Calo                   | ries from    | Fat 30       |
|   |                        | % Daily      | _            |
| Total Fat 7g  |                        |              | 11%          |
| Saturated Fa  | ıt 3g                  |              | 16%          |
| Trans Fat 0g  |                        |              |              |
| Cholesterol 4   | lmg                    |              | 2%           |
| Sodium 300m   | g                      |              | 13%          |
| Total Carboh  | ydrate 30              | )g           | 10%          |
| Dietary Fiber   | 3g                     |              | 14%          |
| Sugars 2g   |                        |              |              |
| Protein 5g  |                        |              |              |
|   |                        |              |              |
| Vitamin A   |                        |              | 7%           |
| Vitamin C   |                        |              | 15%          |
| Calcium   |                        |              | 20%          |
| Iron  |                        |              | 32%          |
| * Percent Daily Values<br>Your daily value may<br>your calorie needs. | be higher or l         | ower depend  | ding on      |
| Total Fat   | Calories:<br>Less than | 2,000<br>55a | 2,500<br>75a |
| Saturated Fat   | Less than              | 10g          | 12g          |
|   | Less than              | 1,500mg      | 1,700n       |
| Cholesterol<br>Total Carbohydrate                                     | Less than              | 250ma        | 300mg        |



#### **PACKAGING**

Labels, wrappers, inks, adhesives, paper, and packaging materials that come into contact with the cottage food product by touching the product or penetrating the packaging must be food-grade (safe for food contact) and not contaminate the food. Provide a description of all the types of packaging you are proposing to use, and the process by which you will package the cottage food product. Labels must be affixed to the packaging.

Packaging consists of 6 ½" X 5 ½" clear, fold top plastic sandwich bags with plastic twist ties. Two chocolate chip cookies will be placed in each bag and the bag will be sealed closed. A computer-generated self-stick label will be placed on each bag.

Page 11 of 12 January 2022

# COTTAGE FOOD OPERATION (CFO) STANDARDIZED FRUIT BUTTERS, JELLIES, PRESERVES, AND RELATED PRODUCTS ATTACHMENT 6

[Title 21 Code of Federal Regulations Part 150]

| PLEASE CHECK THE ITEMS YOU WILL PREPARE AND OFFER:  |                    |    |     |  |
|---|--------------------|----|-----|--|
| ☐ Fruit Butters ☐ Jams ☐ Jellies ☐ Preserves ☐ None of these  |                    |    |     |  |
| STANDARDS OF IDENTITY ACKNOWLEDGEMENT   | YES                | NO | N/A |  |
| Fruit Butter I have read, understand, and agree to comply with section 150.110 of 21 CFR. I acknowledge that fruit butter must contain five parts by weight of the fruit ingredient in accordance with paragraph (d)(2) of section 150.110 to each two parts by weight of nutritive carbohydrate sweetener as measured in accordance with paragraph (d)(4) of section 150.110. I acknowledge the soluble solids content of the finished fruit butter must not be less than 43 percent, as determined by the method in (d)(3) of section 150.110.  | n<br>h             |    |     |  |
| Fruit Jelly I have read, understand, and agree to comply with section 150.140 of 21 CFR. I acknowledge that Jell mixtures shall not contain less than 45 parts by weight of fruit juice to each 55 parts by weight of sweet ingredier as measured in accordance with (d)(4) of section 150.140. I acknowledge the soluble solids content of the finished jelly must not be less than 65%, as determined by the method in (d)(3) of section 150.140.   | nt                 |    |     |  |
| Artificially Sweetened Fruit Jelly I have read, understand and agree to comply with section 150.141 of 21 CFR I acknowledge the quantity of the fruit juice ingredient, calculated as set out in 150.140(b), will not be less than 50 percent by weight of the finished food. I acknowledge that only approved artificial sweeteners and preservative are to be used and in accordance with section 150.141. I acknowledge the jelly will be sealed in containers and so processed by heat, either before or after sealing, to prevent spoilage.  | 5<br>s             |    |     |  |
| Fruit Preserves and Jams I have read, understand, and agree to comply with section 150.160 of 21 CFR. acknowledge group I fruits shall be 47 parts by weight of the fruit ingredient to each 55 parts by weight of the sweet ingredient and group II fruits be 45 parts by weight of the fruit ingredient to each 55 parts by weight of the sweet ingredient and that the weight of the fruit ingredient will be determined in accordance with (d)(2) of 150.160 and the weight of the sweet ingredient will be determined in accordance with (d)(5) of 150.160. I acknowledge the soluble-solids content of the finished jam or preserve will not be less than 65 percent. | et<br>et $\square$ |    |     |  |
| Artificially Sweetened Fruit Preserves and Jams I have read, understand, and agree to comply with section 150.161 of 21 CFR. I acknowledge the quantity of the fruit ingredient shall not be less than 55 percent by weight of the finished food product. I acknowledge that only approved artificial sweeteners and preservatives are to be used and in accordance with section 150.161. I acknowledge the jam/preserves will be sealed in containers and so processed by heat either before or after sealing, to prevent spoilage.  | e                  |    |     |  |
| OWNER/OPERATOR STATEMENT  |                    |    |     |  |
| I have reviewed, understand, and agree to comply with the standards set forth in Title 21 Code of Federa  Print name(s)   | l Regulations      |    |     |  |
|   |                    |    |     |  |

Page 12 of 12 January 2022



Environmental Health 4 625 5<sup>th</sup> Street, Santa Rosa, CA 95404 707-565-6565 EH@sonoma-county.org https://sonomacounty.ca.gov/Health/Environmental-Health-and-Safety/

NOTE: The information in this FAQ is intended to provide a response to questions posed and will be updated as needed. This information should not be construed as a legal interpretation.

#### AB 1616 Chaptered Law:

http://www.leginfo.ca.gov/pub/11-12/bill/asm/ab 1601-1650/ab 1616 bill 20120921 chaptered.pdf

## California Homemade Food Act Cottage Food Operations (CFO) Frequently Asked Questions

#### 1. What is a CFO?

A CFO is an enterprise operating from a private home where low-risk food products are prepared or packaged for sale to consumers.

#### 2. What is meant by "private home"?

"Private home" means a dwelling, including an apartment or other leased space, where individuals reside. The CFO must be conducted from the primary residence and is not allowed to be conducted from other dwellings such as a second home, vacation home, motor home, etc.

#### 3. Are there limitations on the size of a CFO's sales (gross)?

Yes. The dollar amount a CFO is limited to in a calendar year is \$75,000 or less for Class A and \$150,000 or less for Class B.

#### 4. Can a CFO have employees?

Yes. A CFO can have one full-time equivalent employee (not counting family members or household members).

#### 5. What are the two classifications of CFOs?

#### There are two classifications or types of Cottage Food Operations:

- Class A CFO An enterprise that only engages in the direct sale of cottage food products.
- Class B CFO An enterprise that engages in both direct and indirect sales of cottage food products.

#### 6. What is meant by "direct sale" of cottage food?

"Direct sale" means a transaction within the state between a CFO operator and a consumer, where the consumer purchases the cottage food product directly from the CFO. Direct sales include, but are not limited to, transactions at holiday bazaars or other temporary events, such as bake sales or food swaps, transactions at farm stands, certified farmers' markets, or through community-supported agriculture subscriptions, and transactions occurring in person in the CFO. **NOTE**: A CFO operator may sell cottage food products at a permitted community event provided the CFO operator has a valid temporary food facility permit. Cottage food products offered by registered or permitted CFOs are classified as being from an approved source.

#### 7. What is meant by "indirect sale" of cottage food?

"Indirect sale" means an interaction between a CFO, a third-party retailer, and a consumer, where the consumer purchases cottage food products made by the CFO from a third-party retailer that holds a valid retail food facility permit issued by the County of Sonoma Environmental Health Department. Indirect sales include, but are not limited to, sales made to retail shops or to retail food facilities where food may be immediately consumed on the premises.

#### 8. What types of cottage food can be prepared by a CFO?

Only foods that are defined as "non-potentially hazardous" are approved for preparation by a CFO. These are foods that do not require refrigeration to keep them safe from bacterial growth that could make people sick. CDPH has established a list of currently approved cottage food products that meet the definition as non-potentially hazardous. For a complete list of approved CFO products, visit the CDPH Cottage Food website at <a href="https://www.cdph.ca.gov">www.cdph.ca.gov</a>.

#### 9. What if the food I want to make is not an approved cottage food product?

The CDPH Food and Drug Branch has established a protocol for individuals who wish to request that a food product category be added to the approved CFO food product list published on the CDPH website. Requests are to be submitted to fdbRetail@cdph.ca.gov

The request should include the name of the product, as well as a brief description of the ingredients and/or the processing method.

#### 10. Do I need any special training or certification to prepare cottage foods?

Yes. A person who prepares or packages cottage food products must complete a food handler's course within three months of being registered or permitted. **NOTE**: A food safety manager's certification is also acceptable.

#### 11. Where do I go to obtain this special training/certification?

CFOs with minimal training in food safety practices, sanitation principles, or basic food microbiology, can broaden their food safety knowledge and understanding by taking the food handler's course.

You can access a list of available food-handler training courses at the following website: <a href="https://anabpd.ansi.org/Accreditation/credentialing/certificate-issuers/AllDirectoryListing?prgID=228,238&statusID=4">https://anabpd.ansi.org/Accreditation/credentialing/certificate-issuers/AllDirectoryListing?prgID=228,238&statusID=4</a>

#### 12. Does a CFO need a registration or permit to operate?

Yes. In addition to Environmental Health, a CFO must contact the following agencies to obtain approval for their operation:

#### Planning/Zoning Agency

Depending on where the private home is located within Sonoma County, a CFO must obtain approval from their local city planning department or the County of Sonoma Permit and Resource Management Department (PRMD). Most planning departments will require a home occupation permit and a business license be obtained for both Class A and Class B CFOs. As planning department requirements may vary between jurisdictions, potential CFO operators should check with the jurisdiction where the CFO will be located for specific requirements.

| Quick Reference for Planning/Zoning Department Contacts        |                |  |
|--|----------------|--|
| City of Cloverdale – Planning/Community Development Department | (707) 894-1726 |  |
| City of Cotati – Community Development Department              | (707) 665-3634 |  |
| City of Healdsburg – Planning & Building Department            | (707) 431-3348 |  |
| City of Petaluma – Community Development Department            | (707) 778-4301 |  |
| City of Rohnert Park – Development Services Department         | (707) 588-2231 |  |
| City of Santa Rosa – Community Development Department          | (707) 543-3200 |  |
| City of Sebastopol – Planning Department                       | (707) 823-6167 |  |
| City of Sonoma – Planning Department                           | (707) 938-3681 |  |
| Town of Windsor – Planning & Building Department (7            |                |  |
| Permit Sonoma – Permit & Resource Management Department (PRMD) | (707) 565-1900 |  |
|  | Option 5       |  |

#### 13. Are there any requirements regarding an on-site water well serving the private home where a CFO will operate?

Yes. Only potable water from a properly constructed on-site water well or approved municipal water system can be used. If a well is used, the well water must be tested for the following constituents at the testing frequency listed:

| CONSTITUENT             | TESTING FREQUENCY               | EXPECTED RESULT |
|-------------------------|---------------------------------|-----------------|
| Total Coliform Bacteria | Quarterly (once every 3 months) | Absent          |
| E. coli                 | Quarterly (once every 3 months) | Absent          |

#### List of Certified Laboratories for Bacteriological and/or Chemical Analysis

Sonoma County Public Health Regional Laboratory 3313 Chanate Road Santa Rosa, CA 95404 Telephone (707) 565-4711 (bacteriological testing) Caltest Analytical Laboratory
1885 North Kelly Road
Napa, CA 94558
Telephone (707) 258-4000
(bacteriological and chemical testing)

Brelje and Race Laboratories, Inc 425 South E Street Santa Rosa, CA 95404 Telephone (707) 544-8807 (bacteriological and chemical testing)

Scott Laboratories
2220 Pine View Way
PO Box 4559
Petaluma, CA 94955-4559
Telephone (707) 765-6674
(bacteriological and chemical testing)

Far West Laboratories Inc.
PO Box 355
Riverbank, CA 95367
Telephone (800) 750-9260
(209) 869-9260
(bacteriological and chemical testing)

Disclaimer: The Sonoma County Department of Health Services makes no assumption of quality and makes no warranties regarding providers appearing in this resource guide. This resource guide is simply a public listing provided for consumer convenience, and is not a recommendation or endorsement by the Department.

## 14. If I have a water sample for my well that was taken prior to my application submittal for a CFO, is the sample valid to allow me to start operation?

Maybe. Assuming water sample results reflect passing levels for potability, depending on how far in advance the water sample was taken prior to the application for a CFO would determine whether or not the sample result(s) is/are valid to allow the CFO to start operating. The time in advance the water sample was taken should not exceed the testing frequency intervals specified above in question #13.

#### 15. If my private home is on a septic system, how do I obtain a clearance for my CFO?

CFOs can certify the septic system is functioning properly, provided the following requirements are met: 1) the septic system is not a cesspool; 2) the septic system is operating effectively; 3) the septic system has a reserve area for replacement if the existing septic system fails. Self-certification can be completed by submitting Attachment 2 of the CFO application.

Contact Permit Sonoma's (PRMD) well & septic division at 707-565-2849 for more septic information or visit their website for CFO septic clearances at <a href="https://sonomacounty.ca.gov/PRMD/Eng-and-Constr/Well-and-Septic/Well-and-Septic-Permits/Cottage-Foods-Septic-Requirements/">https://sonomacounty.ca.gov/PRMD/Eng-and-Constr/Well-and-Septic/Well-and-Septic-Permits/Cottage-Foods-Septic-Requirements/</a>

#### 16. Can the liquid waste from my CFO impact the septic system?

Yes. A residential septic system is designed to accept waste flows from occupants conducting normal day-to-day activities. A cottage food operation may increase the volume and/or strength of the waste if higher amounts of sugars, fats, oils or grease wash down the drain as a result of cooking, baking or cleaning associated with the operation. Increased flows and higher strength waste can cause the septic system to perform poorly, or fail, leading to costly repairs.

Minimize the amount of sugars, fats, oils, or grease entering your septic system by scraping and wiping utensils and surfaces prior to washing, and avoid washing food scraps down the drain. Also, have your septic tank pumped at the recommended frequency of once every 3-5 years.

#### 17. Can my wastewater be disposed of in a graywater system?

No. The California Plumbing Code Chapter 16A excludes kitchen wastewater from the definition of graywater. Graywater is defined as "untreated wastewater that has not been contaminated by any toilet discharge. Graywater includes wastewater from bathtubs, showers, bathroom sinks, clothes washing machines and laundry sinks. It does not include wastewater from kitchen sinks, dishwashers, photo lab sinks or laundry water from soiled diapers."

Food processing wastewater, like wastewater from kitchen sinks, is considered "black" water and cannot be routed to a graywater disposal system.

#### 18. How much will the CFO registration or permit cost?

The current registration/permit CFO fee can be found at our website at <u>sonomacounty.ca.gov/Health/Environmental-Health/Fee-Schedule/</u>. Additional fees may be charged for inspection and/or enforcement activities if the CFO is found to be in violation of California food safety laws.

#### 19. Is my CFO registration or permit transferrable?

No. Registrations and permits are nontransferable between persons, locations, type of sales (direct or indirect), or type of distribution.

#### 20. Will my CFO registration/permit allow me to sell at other retail venues?

A Class A CFO is limited to direct sales of cottage food products. In addition to the 'direct sale' of cottage food products, Class B CFOs may also engage in 'indirect sales.' CFOs may operate at approved venues such as Community Events, provided they obtain a valid Temporary Food Facility Permit from Environmental Health. Cottage food products sold from registered and permitted CFOs are considered to be from an approved source.

### 21. Do I need a Temporary Food Facility Permit to operate at a Certified Farmers' Market even though I am a Registered or Permitted CFO?

Yes. Cottage food products offered by registered or permitted CFOs may be sold at Certified Farmers' Markets provided the CFO has a valid Temporary Food Facility Permit.

#### 22. Can a CFO located outside of Sonoma County sell their cottage food products within Sonoma County?

Yes. CFOs located outside of Sonoma County with proper registration or permit from another county in California may sell their cottage food products in Sonoma County. **NOTE**: A CFO operator may sell cottage food products at a permitted community event provided the CFO operator has a valid temporary food facility permit. See question #20 for further information.

#### 23. How often will a CFO be inspected?

- Class A CFOs are not subject to initial or routine inspections. For purposes of determining compliance, the registered area of
  the CFO may be inspected under the following conditions: consumer complaint, reason to suspect that adulterated or otherwise
  unsafe food has been produced or that the CFO has violated Chapter 11.5 of the California Retail Food Code.
- Class B CFOs are required to have an initial inspection to determine compliance with Chapter 11.5 of the California Retail Food Code. Once permitted, Class B CFOs will be inspected no more than once per year.
- Class A and Class B CFOs (Other Inspections): EHS may access, for inspection purposes, the registered or permitted area
  where a CFO is located if, on the basis of a consumer complaint, EHS has reason to suspect that adulterated or otherwise
  unsafe food has been produced by the CFO or that the CFO is found to be in violation of California food safety laws. A CFO
  found to be in violation will be subject to fees for the inspection and any enforcement activities.

#### 24. What are the operational requirements for a CFO?

All CFOs must comply with the following:

- No domestic activity in kitchen during cottage food preparation
- No infants, small children, or pets in kitchen during cottage food preparation
- · Kitchen equipment and utensils kept clean and in good repair
- All food contact surfaces and utensils washed, rinsed, and sanitized before each use
- All food preparation and storage areas free of rodents and insects
- No smoking in kitchen area during preparation or processing of cottage food
- A person with a contagious illness shall refrain from working
- Proper handwashing shall be completed prior to any food preparation or packaging
- Water used in the preparation of cottage food products must be potable. Cottage food preparation activities include:
  - Washing, rinsing, and sanitizing of any equipment used in food preparation
  - Washing and sanitizing hands and arms
  - Water used as an ingredient in a cottage food product

#### 25. Where can I file a complaint about a cottage food operation or cottage food product?

You can file a complaint by contacting Department of Health Services, Environmental Health at (707)565-6565

#### 26. Are "Internet" sales and "Mail-Order" sales permitted?

Yes, within California. CFOs may accept orders and payments via the internet, mail or phone. A "direct" and "indirect" sale may be fulfilled in person, via US Mail, or using any other third-party delivery service.

**NOTE**: A Cottage Food Operation that advertises to the public, including through an internet website, social media platform, newspaper, newsletter, or other public announcement, shall indicate the following on the advertisement:

- 1) The county of approval.
- 2) The registration or permit number.
- 3) A statement that the food is "Made in a Home Kitchen" or "Repackaged in a Home Kitchen," as applicable.

#### 27. What has to be on my cottage food label?

All cottage food products must be labeled in compliance with the Federal Food, Drug, and Cosmetic Act (21U.S.C. Sec. 343 et seg.). The label must include the following:

- The words "*Made in a Home Kitchen*" in 12-point type
- The name commonly used for the food product
- The name of the CFO and the city, state and zip code of the cottage food operation which produced the cottage food product. If the firm is not listed in the current telephone directory then a street address must also be declared. A contact phone number or email address is optional but may be helpful for consumers to contact your business.
- The registration or permit number of the CFO which produced the cottage food product, and in the case of a Class B CFO, the name of the county where the permit was issued. For example, "*County of Sonoma*"
- The ingredients of the food product, in descending order of predominance by weight, if the product contains two or more ingredients.
- The net quantity (count, weight, or volume) of the food product. It must be stated in both English(pound) units and metric units (grams).
- A declaration on the label in plain language if the food contains any of the eight major food allergens such as milk, eggs, fish, shellfish, tree nuts, wheat, peanuts, and soybeans. There are two approved methods prescribed by federal law for declaring the food sources of allergens in packaged foods: 1) in a separate summary statement immediately following or adjacent to the ingredient list, or 2) within the ingredient list.
- The use of the following eleven terms are considered nutrient content claims (nutritional value of a food): free, low, reduced, fewer, high, less, more, lean, extra lean, good source, and light. Specific requirements have been established for the use of these terms.
- A health claim is a statement or message on the label that describes the relationship between a food component and a
  disease or health-related condition (e.g., sodium and hypertension, calcium and osteoporosis). Please refer to the Cottage
  Food Labeling Guideline for more details.
- If the label makes approved nutrient content claims or health claims, the label must contain a "Nutrient Facts" statement on the information panel.
- Labels must be in English (accurately translated information in another language may accompany it).
- Labels, wrappers, inks, adhesives, paper, and packaging materials that come into contact with the cottage food product by touching the product or penetrating the package must be food-grade (safe for food contact) and not contaminate the food.

**NOTE:** In a permitted food facility, cottage food products served without packaging or labeling shall be identified to the consumer as homemade on the menu, menu board or in another easily accessible location that would reasonably inform the consumer that the food has been made in a private home.

#### 28. What cottage foods are not allowed?

- Fresh or dried meat or meat products including jerky
- Fresh or dried poultry or poultry products
- Canned fruits, vegetables, vegetable butters, salsas, etc.
- Fish or shellfish products
- Canned pickled products such as corn relish, pickles, sauerkraut
- Raw seed sprouts
- Bakery goods with fillings such as cream, custard or meringue pies and cakes or pastries with cream or cream cheese fillings, fresh fruit fillings or garnishes, glazes or frostings with eggs
- Tempered or molded chocolate or chocolate type products
- Milk and dairy products including hard, soft and cottage cheeses and yogurt
- Cut fresh fruits or vegetables
- Food products made from cut fresh fruits or vegetables
- Food products made with cooked vegetable products
- Garlic in oil mixtures
- Juices made from fresh fruits or vegetables
- Ice or ice products
- Barbeque sauces and ketchups
- Focaccia-style breads with vegetables or cheeses
- Wine preserves
- Ganache
- Cream cheese frosting
- Chutney
- Vegetable butter
- Food products that require refrigeration